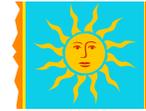


MLT

Analyzer

Bulletin of the New Brunswick Society Of Medical Laboratory Technologists



Summer Issue
Volume 45 Issue 2

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President's Message...

By Rania Elhalabi



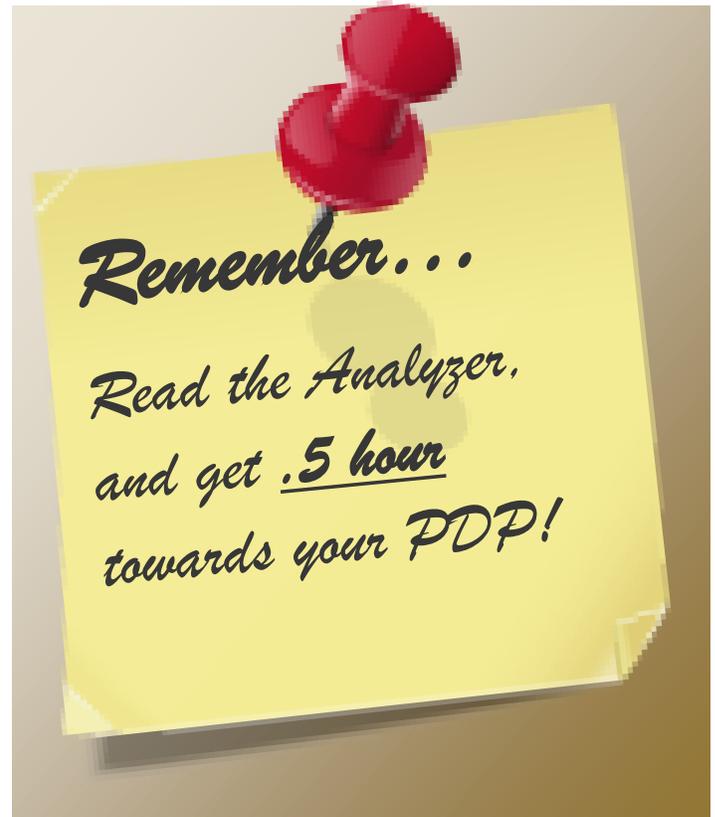
Well we've had a long winter here in New Brunswick and it seemed like it was never going to end. Finally the nice warm weather has arrived and it's time to get out and enjoy the summer season. As things wind down for the summer months and vacations begin, the NBSMLT office will carry on and continue with business as usual. We've been busy with on-going projects and new ventures these past few months. With online renewals on the horizon, it's important to make sure that you have provided a valid email to the NBSMLT. The Bridging Program which was launched in December 2013, is in its initial phases but looks to be a success. The Bridging Program project is now in its final year but prospects of future projects for the NBSMLT look promising. A link to the Bridging Program is located on the NBSMLT website, so check it out! By the way, have you looked at the NBSMLT website lately? What a wonderful tool to have at your disposal, with many great resources at your fingertips. The recently updated website has great information and is user friendly, why not take a look and discover all it has to offer. Take advantage of the online forum to post questions and comments, what a great opportunity to connect with other lab techs in the province. Other great features on the website include a

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photo gallery, there is also a section for each Academy and information on PDP as well as other items. The News and Updates section gives you the latest up to date information relevant to all members. Want to know what goes on at Board meetings? A synopsis of Board meeting minutes are also posted on the website. Peruse the Events section for information on events happening around the province. For example, don't forget about the Charity Challenge, the Moncton Academy has challenged other Academies for the most money raised for a charity. It's a great way to have some fun while raising money for a good cause. Your Academy has the chance to be crowned the "Charity Champion". I encourage all members to check out the website, and "hope that you enjoy your visit".

So happily I say, now is the time to get out and take advantage of the warm weather and I hope everyone has a great summer!



NBSMLT Anita Lindsay Award

The Anita Lindsay Award is awarded annually to a technologist who exemplified exceptional professional service.



Applications for the 2014 award will be accepted until August 30, 2014.

Objective

The Anita Lindsay Award is presented to a member who is leaving the profession of Medical Laboratory Technology. The award will only be given when a suitable recipient is nominated.

Selection Committee

The Awards Committee shall select the recipient by reviewing the résumé of the nominees submitted on or before January 31st. The Award Committee will purchase the award.

Presentation

The recipient shall receive an expense paid trip to Annual General Meeting where the President will present the award at the AGM banquet.

Selection Criteria

Must be leaving the profession of Medical Laboratory Technology (retiring or changing careers), at least 20 years as a member of NBSMLT.

Must have demonstrated professionalism, integrity and a commitment to high personal standards throughout his/her career.

Must have significantly contributed to the professional society at the academy, provincial, national or international level for at least 5 years.

Must be nominated by an active member of NBSMLT.

Publicity

A résumé and picture of the recipient shall be made available for press releases and publication in the Analyzer.

From the Editor...

William Allen



"Success is going from failure to failure without losing your enthusiasm."

Winston Churchill



I have to concur with our President Rania, summer is here! The NBSMLT hope everyone is enjoying the nice weather. While outside enjoying the sunshine, why not grab the newsletter for some informative reading material? We have included important information concerning dues for 2015; please take note of the fees for the CSMLS 2015 renewal.

Jennifer Enman and Dorothy Harris recently returned from attending LABCON 2014 in Saskatoon, SK. It certainly appears they had a great time! Both Jennifer and Dorothy have submitted great articles about their experience. I can't wait to hear more!

It's that time once again, the Board of Directors is looking for a President Elect for 2015; inside this issue you will find the nomination form. Please nominate someone you strongly believe would make a great president. The Board of Directors perform a vital part of the NBSMLT; why not help shape the profession not only in New Brunswick, but across Canada? If you

have any questions about what this position entails, please do not hesitate to speak to a Board Member or one of the office staff. Take some time to get acquainted with our current Board Members. They will be introduced in this issue.

The NBSMLT had its first Easter Coloring contest this year, with some great entries. Check out some of the pictures submitted along with the winners. The kids did a great job! The Public Relations committee would like to give a special thank you to John Belyea from the Saint John Regional Hospital. He volunteered to share his talents with us by drawing these awesome coloring pictures. Thank you John!

I know we are still in mid-summer and no one wants to look to fall just yet, but Maritech is an exciting event so we wanted to let our members know this year Maritech will be taking place in Prince Edward Island. The registration form can be found here. Keep an eye out for information on the APSC 2014 and the AGM which will take place in Edmundston on October 4th, hope to see you there!

Submit your texts or comments/questions to:

488 Centrale Street,
Memramcook, NB E4K 3S6
office@nbsmlt.nb.ca

Editorial policy

The purpose of this newsletter is to provide a means of communication between the members of the NBSMLT and its Board of Directors. The opinions expressed in the MLT Analyzer are those of the contributors and do not constitute official policy of the NBSMLT. The editor reserves the right to edit submissions as required.



What a fantastic LABCON. Saskatoon did it up in style.

This was my first LABCON since my transition from bench tech to instructor. I was really impressed with the amount of sessions directed towards educating our future technologists. My interest for this

LABCON was first piqued by the workshop on how to properly write exam questions. While at the workshop I met other instructors from educational institutions across the country. Let the networking begin!! There was so much to learn from the sessions, other delegates, and the tradeshow vendors. I am excited to put into practice the lessons I learned.

Of course, it wasn't all serious learning. The president's reception was a great time. I ended up dancing with a fellow crazy Islander and we have a repeat date for Maritech in the fall. The tradeshow reception was perfect for mixing and mingling. I'm so glad that NovaBiomedical was passing out book bags because I needed the extra room to bring back all the information I acquired.

LABCON is such an uplifting and invigorating experience. A perfect chance to meet up with old friends, make new friends and learn a little something in the mix. I hope to see you at LABCON 2015 in Montreal!

By Dorothy Harris

I was a lucky grant recipient from NBSMLT this year to attend LABCON 2014 in Saskatoon. This was my first trip to the prairies, not that I would see much of it outside the conference venue.

I wasn't sure if there would be anybody else at the conference that I knew but I was pleased to find that I did know quite a few other technologists at the conference and it was very easy to meet and talk with other attendees.

The conference got off to a colourful start with a parade of provincial flags entering the auditorium and speeches from the President and Executive Director. The key note address was entitled; Using Change Management Practices in the Clinical Laboratory: Best Practices and Lessons Learned. Change management and quality improvement were also a theme in many other lectures.

There were some interesting topics presented at the conference including a series of lectures about using social media, something which I am not very proficient at, but having attended I am not sure I want to get any more proficient, it all seems quite complicated.

By far my favorite presentation was entitled; An International Laboratory Mission: "How To" have a great experience. This presentation described the experiences of four technologists from the Ottawa area who had travelled to Botswana to assist with a microbiology laboratory at the Princess Marina Hospital in Gaborone. The presentation was filled with interesting facts, observations and photographs that were entertaining and educational.

Conferences are not only about lectures, there was an impressive display of booths by many exhibitors showing new technology and products but there were also Health Care Regions who were recruiting technologists to their part of Canada and the USA.

Socially there was an exhibitor's reception followed by an improv group and the President's reception. All were good opportunities to network and meet technologists from across the country.

I would like to thank NBSMLT for providing me with this grant which assisted greatly in my being able to attend the premier Laboratory Technology conference in Canada.



Election Information 2015

The time is here once again for the nomination of **President Elect** for the New Brunswick Society of Medical Laboratory Technologists.

The Nomination Committee requests that you put forward names of NBSMLT members to stand for this important position. It is an opportunity for you to nominate technologists with a vision for the future, an individual who will be able to direct the Society's affairs in these interesting and challenging times.

Please forward all nominations to the Society's office on or before September 15, 2014.

Nomination Information

Term of Office

In order to comply with the 1991 Medical Laboratory Technologists Act, an annual election will be held by the Society for the office of President Elect. This will be a three year term: the first year (2015) the technologist will serve as President Elect, the second year (2016) he/she will become President of the Society and the third year (2017) this individual will serve as Past President.

Service and Goals

In order to provide the membership with background information regarding the candidates' present and past service in Society matters, a summary must be provided of his/her professional activities. A statement regarding goals as President Elect of the New Brunswick Society of Medical Laboratory Technologists, as well as a current photograph suitable for printing, should also be included. This information shall not exceed 250 words and will accompany the instructions sent with the ballot to each voting member.

Nomination Form

Election of President Elect

In order to comply with the 1991 Medical Laboratory Technology Act, the membership are to elect a technologist to the position of President elect each year. The term of office will be for three years, progressing from President Elect, to President, and the final year, Past President.

I _____ allow my name to stand for the position of President Elect of the New Brunswick Society of Medical Laboratory Technologists.

Signed _____

Date _____

Nominated by _____

Seconded by _____

IMPORANT INFORMATION FOR ALL NBSMLT MEMBERS

The 2015 Medical Laboratory Technologists professional fees are outlined below:

CSMLS ** (Canadian Society)	\$154
NBSMLT (New Brunswick Society)	\$145
PLI (liability Insurance)	<u>\$ 13</u>
TOTAL	\$312

Please contact the NBSMLT if you have any questions by e-mail at office@nbsmlt.nb.ca

***Please note the \$5.00 increase from CSMLS.*

Board of Director Meeting Synopsis are available on the members only section of the NBSMLT website



www.nbsmlt.nb.ca

Please note that if you wish to receive NBSMLT e-mail correspondence, send your e-mail address to: office@nbsmlt.nb.ca



Board of Directors Conseil d'administration



President/Présidente

Rania Elhalabi
president@nbsmlt.nb.ca



President -elect Présidente désignée

Chrystal Allen
presidentelect@nbsmlt.nb.ca



Past President/ Présidente sortante

Carlene McCaffrey
pastpresident@nbsmlt.nb.ca



Treasurer / Continuing Education Chair Trésorière/Présidente éducation continue

Dorothy Harris
ce@nbsmlt.nb.ca



Public Relations Chair/Présidente relations publiques

Danielle McLennan
pr@nbsmlt.nb.ca



Edmundston Director/ Directrice d'Edmundston

Monique Desjardins-Levesque
edmundstondirector@nbsmlt.nb.ca



Fredericton Director/ Directrice de Fredericton

Jan Graham
frederictondirector@nbsmlt.nb.ca



Miramichi Director/ Directrice de Miramichi

Marsha Cook
miramichidirector@nbsmlt.nb.ca



Moncton Director/ Directrice de Moncton

Melissa King
monctondirector@nbsmlt.nb.ca



North Shore Director/ Directrice du Nord-Est

Julie Thibodeau
northshoredirector@nbsmlt.nb.ca



Saint John Director/ Directrice de Saint Jean

Suzanne Turcotte
saintjohndirector@nbsmlt.nb.ca



Lay Representative/ Représentant du public

Michael McWilliam
layrepresentative@nbsmlt.nb.ca



The *Moncton Academy* is challenging other Academies to a **CHARITY CHALLENGE! Raise money for your charity or charities of choice. The Academy that raises the most money will be crowned the...**

“Charity Champion”

Moncton Academy

CHARITY CHALLENGE

Please submit your total dollar amount raised to:

office@nbsmlt.nb.ca

The winner will be announced at the awards ceremony, which will take place at the October 2014 AGM. The Academy that raises the most money for their charity will receive the prestigious Charity Challenge Award.



The Moncton Academy would like to encourage other Academies to get out there and give everything you've got! Not only do you get an award, but your academy also gets bragging rights as the *Charity Champion!*

Event deadline is October 1, 2014

MONCTON ACADEMY CHARITY CHALLENGE UPDATE

The Moncton Academy has been moving forward with the charity challenge. This past March, the Moncton Academy organized a hearty lunch. The theme was Irish Pub, where for \$5.00 you received a bowl of stew/soup, a roll, a glass of ginger “ale” and a dessert. All in all it was a great success with a total of \$260 raised for the YMCA. Our next fundraising venture will be a raffle for a prize package which includes dinner and a movie, all proceeds raised from this event will go to the Greater Moncton SPCA. Hopefully other Academies have been able to participate in this challenge and fundraise for a worthy charity!

Here are winning pictures for the National Medical Laboratory Week Activity Easter Colouring Contest



Winners were picked at random and each received a gift certificate from Toys R Us.



Maritech 2014 Registration Form

October 22-24

Delta Prince Edward Convention Center

Charlottetown, PEI

CSMLS# _____

Surname _____ First name _____

Mailing Address _____

Town/City _____ Province _____

Postal Code _____

Email address (confirmation of registration will be confirmed) _____

Name Badge Data

Name _____

Professional Title _____

Place of Employment _____

Department _____

Registration and Fees

Early registration date: September 19th. All fees include breaks and lunches

	Early Registration (please indicate choice)			Late Registration (please indicate choice)			Amount
	Thursday Conference	Friday	Full	Thursday Conference	Friday	Full	
	1 Day	Full Conference	1 Day	Full Conference			
CSMLS Member	\$150	\$250	\$175	\$300	\$		
MLA	\$125	\$200	\$150	\$250	\$		
Non Member	\$175	\$300	\$200	\$350	\$		
Student	\$50	\$100	\$75	\$150	\$		
Retiree	\$50	\$100	\$75	\$150	\$		

Workshops

No Stress...Do You Have a Pulse?	Wed, Oct 22	1 – 4pm	\$40 for members	\$50 for non-members	\$
Technical Writing (limited space)	Wed, Oct 22	1 – 4 pm	\$40 for members	\$50 for non-members	\$

Social Events

Opening Reception	The Delta	Wed, October 22	7 – 11 pm	\$10	\$
Exhibitor's Reception	The Delta	Thurs, October 23	6 – 8pm	N/C	
Social Night	Old Triangle	Thurs, October 23	8pm – 1am	\$10	\$

Total Registration Cost: \$ _____

Workshops:

No Stress...Do You Have a Pulse ?

Presented by Timothy Andradé, M. Ed

You have come to Charlottetown to network, to learn, to slow down, to catch up and get away! Already sounds busy and stressed!!! Grab your coffee and bring along your sense of humour to this energetic and interactive workshop where we will be thinking about our experience of STRESS: What is it? How can it be helpful and hurtful? What can we do to better "manage" it? When does stress become "distress"? What strategies can we use to better help maintain balance, perspective and health?

Don't be shy! You might learn a little, and/or remember a LOT!!! Timothy welcomes you!

"Putting Your Work into Words: The Basics of Process Writing"

Presented by Lori Mayne, BA, MJ (Masters of Journalism)

Would you like to improve your written communication and learn some helpful tips to make your documents more effective? This interactive workshop will provide you with practical strategies to help you create clear and concise standard operating procedures and other workplace documents.

Social Events

Meet and Greet, Wednesday October 22, 7pm – 11pm at the Delta Hotel.

Greet old friends and meet new friends. Play Jeopardy and relax with a drink while you listen to PEI's youngest jazz and blues band, Ripped Paper, who will be sure to amaze you!

Bootleggers Bash, Thursday October 23, 8pm – 1am at the Old Triangle's Pour House

Dance the night away with "Vintage 4.0". Tickets are limited so get yours early!

Accommodations:

Delta Prince Edward Convention Center

18 Queen Street, Charlottetown, PE, C1A 4A1

Online booking: <https://www.deltahotels.com/Groups/Delta-Prince-Edward-Groups/Maritech>

Reservations 1-888-890-3222

Please quote Block Code **MA1019** booking

Registration form can be submitted along with cheque by mail to:

PEISMLS

C/O Maritech 2014 Registration Committee

PO Box 20061 Sherwood

161 St. Peters Rd.

Charlottetown, PE

C1A 9E3

(make cheques payable to PEISMLS)

Please note, for online registration and payment visit our website at peismls.com

For more information contact: chcampbell@ihis.org