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POINTS OF  
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Nominations
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- Survey for  
Horizon
- LABCON  
Highlights
- NBSMLT  
Housekeeping

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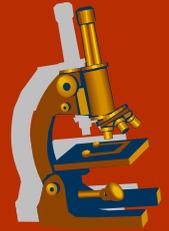


# Analyzer

NEW BRUNSWICK SOCIETY OF MEDICAL LABORATORY TECHNOLOGISTS  
ASSOCIATION DES TECHNOLOGISTES DE LABORATOIRES MÉDICAL DU NOUVEAU-BRUNSWICK

VOLUME 46, ISSUE 2

SUMMER ISSUE 2015



## President's Message



Chrystal Allen, President

I was privileged this year to be able to attend LABCON 2015 in Montreal, Quebec. What I found most enjoyable, was meeting fellow colleagues from across the country and the positive vibe so many of them have about their profession. Sometimes it is challenging to be supportive and passionate about the things you do every day. It's as if we become tainted by the challenges with working understaffed, job cuts, and company politics. Although it was just a few days, the positive vibes emanating from those around me was contagious! Did you know that there is a newly graduated Medical Laboratory Technologist that has a blog about all things Medical Laboratory Science? Krista Urchenko tweets about her positive experiences and answers questions to those who are considering entering our field. Although she is a fair bit younger than me, I look up to this person. Imagine the possibilities if we all were so passionate? Follow Krista on Twitter @medlabmaven, or on her blog [www.medlabmaven.com](http://www.medlabmaven.com). Krista is not the only one tweeting about Medical Laboratory Science, you can follow Paula Steeves, our Executive Director/Registrar

@NBSMLT\_Exec. Like our page on Facebook for health news, and information related to the NBSMLT mandate ([www.facebook.com/NBSMLT1](http://www.facebook.com/NBSMLT1)).

Did you know that the NBSMLT has the lowest membership fees in the country? An increase of \$30 was voted in favour by our membership during our 2014 AGM, and will begin for the 2016 registration year. However, this increase is not sufficient to keep up with rising costs and declining membership. We as the Board of Directors strive to be fiscally responsible and represent the membership as a whole when we consider such decisions. We too incur the costs of increased fees. However, to stay viable and to prepare for the future, we need to continue to raise the registration fees, to another \$10 for the 2017 registration year, and \$10 for the 2018 registration year, which amounts to about 38 cents a pay. Even with the Board-recommended increase, our fees will still continue to be substantially lower than the rest of the country, and in the province related to other regulated professions.

# Executive Director\Registrar's Message



**Paula Steeves,**  
**Executive Director and Registrar**

Spring is one of the busiest times for the NBSMLT (aside from renewals & PDP audits of course)!

As April was the month of many recognitions such as Administrative assistants week, National Volunteer and Medical Laboratory Professionals week, Thank-you letters as well as Lab Week grants were delivered to each academy. Promoting our profession is the responsibility of each and every one of us, and it showed during Lab Week! Photos on our website depicted how we celebrated all across the province, and it was great to see share some fun stuff on social media, including a touching CSMLS video featuring New Brunswick's own Isabelle Babin. The CSMLS does a great job of promoting Medical Laboratory Science Professionals for us year after year.

Spring also brings many meetings for your Executive Director. Each meeting I attend, I continue to be amazed at the recognition our profession receives as national leaders on healthcare, as well as from the increase in public awareness thanks in part to the public relations

work that CSMLS does on behalf of their members (for which they also received a National "Gold Quill" award).

I attended the CSMLS Public Relations and Government Council Meeting to discuss all initiatives that CSMLS provides for us every year, including Lobby Day on Parliament Hill, where members met with several MPs to discuss concerns such as impending staff shortages, immigration policies, increasing clinical placements and loan forgiveness programs.

During LABCON 2015, I met with the CSMLS on behalf of the Professional Standards Council to discuss competencies and standards. Prior learning assessments, Competency profiles, and MLA regulation were on the agenda. It was announced that the British Columbia Medical Laboratory Technologists and Assistants would both be regulated under an allied health college with other professions. They will be the first to regulate MLAs.

I was also part of the Canadian Alliance of Medical Laboratory Professional

Regulators (CAMLPR) meetings, where we discussed issues that unite us as regulators. Together, we created Standards of Practice to follow as a reference document with the Internal Trade Agreement allowing MLTs to transfer from one province to the other, and now working on a code of ethics that is transferable from province to province.

I was able to attend some LABCON lectures as well, and met many members past, present and potentially the future. It is a great networking opportunity for all who attend, as well as learn state of the art technology, management fundamentals and some soft skills as well. I hope to see many of you at LABCON 2016 in Prince Edward Island.

## We are looking for your opinion if you are an employee of Horizon Health Network!

The primary goal of the Medical Laboratory Technology Program at New Brunswick Community College (NBCC) is to prepare the graduate of the program to function as a competent Medical Laboratory Technologist. If you are an employee of Horizon Health Network who has worked with our NBCC Medical Laboratory Technology students, we would appreciate receiving your feedback through the survey link:

<http://fluidsurveys.com/surveys/nbccsj/mlt-analyzer-questionnaire-2015/>

*Deadline for this survey is August 30, 2015.*



# Medical Laboratory Professionals: The Key to Diagnosis

Please join us on Friday October 16 and Saturday October 17 for exciting and informative lectures, learn about technological/medical advances, and meet old friends. The NB Annual Provincial Scientific Convention will be held in Fredericton this fall. More details can be found on the NBSMLT website in the coming months.

[www.nbsmlt.nb.ca](http://www.nbsmlt.nb.ca)

**Here is a quick glance at our Program:**

<b>Friday October 16th 2015</b>		
<b>Plenary Session with Michael Hayes <a href="http://www.changingleaf.ca">www.changingleaf.ca</a></b>		
Glenn Whiteway— Anticoagulants	Laura Dooley— Ergonomics	Dr. Erica Frecker— Placenta Previa/Accreta
Plenary Session With Dr. Eilish Cleary about her work in West Africa with Ebola		
Dr. Angela McGibbon— Endocrine	Dako - Pathology TBA	Ruth Amos— Public Health
	NBCB Cervical/ Colon screening	Dr. Jim Goltz—Ticks

<b>Saturday October 17th 2015</b>
Plenary Session with Moira McLaughlin—Forensics
Heather Kyle- Lab Utilization
Daisy DeMerchant - A Family's Perspective
Dr. Tim Christie - Social Media and Ethics

*Join us Friday night for a night of fun- Bring your Halloween costume!*

**Hotel Rooms can be booked through Fredericton Inn  
506-455-1430 [www.frederictoninn.nb.ca](http://www.frederictoninn.nb.ca)**

Use Group Code HORIZON Arriving Oct. 16 and departing Oct.17  
Price: \$114.00+hst/night

***Book soon as only 30 rooms are reserved!!***



# Academies Celebrate National Medical Laboratory Week

During Med Lab Week, we were able to use the 100\$ check towards several events! We had been collecting money since last year as well, so we were able to have a full day (Saturday) filled with conferences, entertainment, and a supper to commemorate.

The day started with a video conference given by Dr. Richard Garceau (Microbiologist) on the subject of Ebola (held in Moncton last fall to the hospital staff). This followed with a second conference given by our very own Lab Security Agent, Jean-Phillipe Ouellet. His conference was on "How to workout at home with as little equipment possible or none at all". A healthy snack was served during our 30 minute break. The last conference of the day was given by Claire Turcotte, MLT, chief of Hematology department. She gave interesting theories and explanations for CBCs and how to troubleshoot them when the specimen is abnormal or giving abnormal readings.

## Edmundston/Grand Falls Hospital



After the conferences, the Academy held a regular quarterly reunion.

The day finished with an annual supper at a popular local restaurant "Le Patrimoine". The evening was completed with a series of games and entertainment.

The Edmundston Academy, as well as all the staff, would like to give you a very big Thank You for your contributions which helped make this event possible.

**Anne Lagacé**  
**Laboratoire Edmundston/**  
**Grand-Sault Laboratory**

## Saint John Hospital



The Saint John Academy had a great time during National Medical Laboratory Week 2015! The fun started on Tuesday morning with breakfast snacks and coffee during morning break for all laboratory staff. That evening several of us were off to the movies to see "The Longest Ride." On Wednesday night, we had our annual lab week bowling night where we teamed up to see who could score the most points. We had pizza, snacks, drinks and a few prizes to give out to the best and worst bowlers! Thursday we continued the celebrations with cake (a National Medical Laboratory Week favorite) and coffee in the afternoon for all lab staff. On Friday the Lily Lake Café treated us to a

beautiful buffet dinner complete with the best homemade dessert selection in Saint John.

We hosted an educational morning on Saturday where dozens of eager MLTs joined us to hear presentations on eGFR methodology, the implications of molecular testing in AML, and antibiotic stewardship in the Saint John region. A coffee and refreshment break was provided at this event, all at no cost to NBSMLT members. We thought this was a great way to earn PDP credits!

All in all we had a wonderful time celebrating our profession during National Medical Laboratory Week 2015, and we're already excited to start planning for 2016!

# Academies Celebrate National Medical Laboratory Week

## Dr. Georges-L.-Dumont University Hospital Centre



## Tracadie-Sheila Hospital



## Moncton Hospital



## Campbellton Hospital



**Marcel Boudreau**

## NBSMLT New Deputy Registrar and Editor of the Analyzer

My name is Marcel Boudreau and I have been selected to be your new Deputy Registrar. I've been working as an MLT at the Dr. Georges-L-Dumont Hospital since 2009 after graduating from CCNB Dieppe. Before embarking on this challenging journey of laboratory technology, I had been working for many years in the tourism industry where I've held many positions in Customer Service and Technology. I'm very eager to start working with a very dedicated team of professionals within the NBSMLT organization and especially working for all of you, my MLT colleagues. Please contact me at [deputyregistrar@nbsmlt.nb.ca](mailto:deputyregistrar@nbsmlt.nb.ca) if you have any questions regarding your PDP hours/submissions and registration renewal.

# Giving Back — Recognizing our volunteers

Our profile this issue is about the NBSMLT past president, Rania Elhalabi from the Moncton Academy, MLT 3 in coagulation and member of the Quality Improvement Committee at The Moncton Hospital.

Rania has been volunteering with the NBSMLT since 2004. Her first role as area director led her to hold many other roles such as Treasurer, Public Relations Chair, President of the Board of Directors in 2014, and the current position of president-elect, which she holds today.

Rania was there from the beginning of the New Brunswick Bridging Program as the Project Coordinator, travelling across the province to introduce NBSMLT registrants to Cultural Diversity in the workplace.

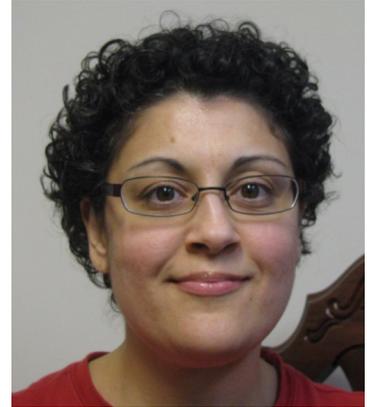
From there, Rania took on the leadership role of the NBSMLT Mentorship Program Manager. Using her cultural diversity training background, she created, developed and administered the Mentorship Program for the last 2 years. It is a program that is now sustainable within the NBSMLT and managed by the

PP&R (Professional Practice & Regulation) committee. It is one of the examples of how other regulatory bodies are looking to the NBSMLT who laid down the framework for their own programs, and continues to provide many opportunities for growth.

Rania has been an advocate for Medical Laboratory Professionals by being invited by the CSMLS to attend Lobby Day (twice!) on Parliament Hill, speaking to several ministers about the profession in New Brunswick and the rest of Canada.

She was a member of the CSMLS Council on Governance & Public Relations for six year, and has sat on several committees at the national, provincial and local levels including the organization of Lab Week activities.

Rania's dedication doesn't just stop with the NBSMLT. To add to her already busy schedule, she also sits on the Board of Directors and is website administrator for Education. Professionalism. Young Children (EPYC), an organization committed to providing quality services in early



**Rania Elhalabi, Moncton Academy**

childhood centres within the Moncton region ([www.epyc.ca](http://www.epyc.ca)).

Rania is an exemplary Medical Laboratory Technologist whose leadership continues to lead the way for the NBSMLT's mandate in ensuring public protection.

The NSBMLT thanks the countless volunteers over the years who helped build the NBSMLT to what is it today, and those who continue to maintain the public's trust for the future.



## Judith Lynn Watling

It is with great sadness, we announce the passing of Judith Lynn Watling, on June 7, 2015 at the age of 54.

Born in Bathurst, N.B., Judy graduated from Bathurst High School in 1978 and went on to study at NBCC Saint John where she graduated as a Medical Laboratory Technologist. After graduation she worked for several years in Yellowknife, N.W.T. before moving to Campbellton, N.B. to work in the lab at the Campbellton Regional Hospital.

**1960 - 2015**

*The NBSMLT would like to offer their condolences to the family*

# NBSMLT Award Presented to MLT Graduates



Academic Excellence Award is given to the student who has maintained the highest academic average during his two years of training. Receiving the award for 2013 - 2015 is Monica Jaillet (left), presented by Guylaine Michaud (right) CCNB Dieppe



Clinical Excellence Award given to the student who has distinguished herself during her clinical placements. Receiving the award for 2013 - 2015 is Stephanie A. Bourque (left), presented by Guylaine Michaud (right) CCNB Dieppe,

## National Award Presented at LABCON

Tiffany Clouston (third from the left) is a NBSMLT member from Saint John, she was presented the CSMLS Leaders of Tomorrow Award at LABCON 2015 in Montreal.



# Highlights from LABCON 2015

## LABCON 2015

CSMLS's National Conference of Medical Laboratory Science  
Congrès national de science de laboratoire médical de la SCSLM



# NBSMLT Housekeeping

## Are you:

- Retiring this year?
- Going on maternity leave or disability?
- Have a change of contact information?
- Leaving the NBSMLT?

Please let the NBSMLT office know by sending an email to [office@nbsmlt.nb.ca](mailto:office@nbsmlt.nb.ca)

## Notice to Retirees:

As a retiree, you are eligible for a free lifetime membership with the NBSMLT. All you need to do is renew your annual registration online on [www.nbsmlt.nb.ca](http://www.nbsmlt.nb.ca)

*If you are interested in contributing to the NBSMLT by volunteering a few hours a year, please contact [deputyregistrar@nbsmlt.nb.ca](mailto:deputyregistrar@nbsmlt.nb.ca)*

## NBSMLT Anita Lindsay Award

The Anita Lindsay Award is awarded annually to a technologist who exemplified exceptional professional service.

*Applications for the award will be accepted until September 30, 2015*

### Objective

The Anita Lindsay Award is presented to a member who is leaving the profession of Medical Laboratory Technology. The award will only be given when a suitable recipient is nominated.

### Selection Committee

The Awards Committee shall select the recipient by reviewing the résumé of the nominees submitted on or before January 31<sup>st</sup>. The Award Committee will purchase the award.

### Presentation

The recipient shall receive an expense paid trip to Annual General Meeting where the President will present the award at the AGM banquet.

### Selection Criteria

Must be leaving the profession of Medical Laboratory Technology (retiring or changing careers), at least 20 years as a member of NBSMLT.

Must have demonstrated professionalism, integrity and a commitment to high personal standards throughout his/her career.

Must have significantly contributed to the professional society at the academy, provincial, national or international level for at least 5 years.

Must be nominated by an active member of NBSMLT.

### Publicity

A résumé and picture of the recipient shall be made available for press releases and publication in the Analyzer.



**For more information go to link: <http://nbsmlt.nb.ca/member-anita-lindsay-award.asp>**

# LABCON Experience

## By Melissa King Congress Grant Winner

We were very fortunate to be able to attend LABCON this year in Montreal, QC. It was overall an amazing experience. This LABCON was without a doubt driven by social media; I made many new Facebook friends and doubled my twitter followers! It was refreshing to attend lectures and social events and see people live tweeting about how great they thought it was. CSMLS and NBSMLT have evidently embraced the technology shift that society has taken. It proves that they are forward thinking and listening to the opinions of their members.

Overall for me, there were many highlights; I don't think I can pick just one favorite. We attended some interesting lectures and returned to my lab with new knowledge to apply. During the exhibitor's reception I had the opportunity to network with many different companies. I brought back pamphlets about new technologies and products that would be helpful in my everyday lab work. My favorite part was the formal dinner and dancing for the president's reception. As a bench technologist, you don't get many opportunities to dress up and have fun.



*Melissa King (right) with Rachel Doiron (left) at LABCON 2015*

Of course, I have to mention beautiful Montreal. We arrived early enough that we went touring in "vieux" Montreal and visited the Basilique Notre Dame. I think we walked almost 10 km, in full tourist mode, taking pictures of the wonderful architecture. A trip wouldn't be complete without a bit of shopping... and by a bit, I mean a lot! The shops up and down St. Catherine St, you couldn't ask for anything more. Fairmont The Queen Elizabeth was perfectly situated close to every amenity. I have a million pictures of us by the fountain just outside of the hotel. I'm sure we took a picture in front of it every time we walked by.

This was, in my opinion, a very good LABCON. We had great education, great socializing, and great shopping! Can't wait 'til next year in Charlottetown, PEI.

### The winners of the 2015 LABCON Congress Grants:

Melissa King  
Moncton

Suzanne Charest  
Campbellton

## We're on Facebook!

The NBSMLT Public Relations committee has begun a pilot project exploring the possibilities of holding a presence on social media.

Alongside, working on improving your website, they have added a Facebook page.

The page provides information to New Brunswickers with respect to our mandate of protecting the public's interest, and related to various health topics. The committee will monitor the page data and statistics (likes and shares) for traffic and use it to evaluate its feasibility for the future.

Communication about society activities to NBSMLT registrants continues to be done through The Analyzer, website and bulk emails.

The page link is : [www.facebook.com/NBSMLT](http://www.facebook.com/NBSMLT)



# Election Information 2016

The time is here once again for the nomination of **President Elect** for the New Brunswick Society of Medical Laboratory Technologists.

The Nomination Committee requests that you put forward names of NBSMLT members to stand for this important position. It is an opportunity for you to nominate technologists with a vision for the future, an individual who will be able to direct the Society's affairs in these interesting and challenging times.

Please refer to **Terms of Reference** on the NBSMLT website ([www.nbsmt.nb.ca](http://www.nbsmt.nb.ca)).

All nominations must be forwarded to the Society's office ([office@nbsmt.nb.ca](mailto:office@nbsmt.nb.ca)) on or before November 1 2015.

## Nomination Information

### **Term of Office**

In order to comply with the 1991 Medical Laboratory Technologists Act, an annual election will be held by the Society for the office of President Elect. This will be a three year term: the first year (2016) the technologist will serve as President Elect, the second year (2017) he/she will become President of the Society and the third year (2018) this individual will serve as Past President.

### **Service and Goals**

In order to provide the membership with background information regarding the candidates' present and past service in Society matters, a summary must be provided of his/her professional activities. A statement regarding goals as President Elect of the New Brunswick Society of Medical Laboratory Technologists, as well as a current photograph suitable for printing, should also be included. This information shall not exceed 250 words and will accompany the instructions sent with the ballot to each voting member.

## Nomination Form

### ***Election of President Elect***

In order to comply with the 1991 Medical Laboratory Technology Act, the membership are to elect a technologist to the position of President elect each year. The term of office will be for three years, progressing from President Elect, to President, and the final year, Past President.

I \_\_\_\_\_ allow my name to stand for the position of President Elect of the New Brunswick Society of Medical Laboratory Technologists.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Nominated by \_\_\_\_\_

Seconded by \_\_\_\_\_

# ATTENTION: 2016 REGISTRATION NOTICE

**NBSMLT Registration Renewal is now officially paperless!  
Hard copies of renewal forms will not be sent out this year.**

**First time self-registering this year?**

**Don't delay and Sign up today with a simple email request to the NBSMLT before  
September 15<sup>th</sup> 2015,**

**to be ready for 2016 self-registration in October**

(already self-registered online last year? Excellent! Skip to Step 2 on October 15<sup>th</sup>)

## Step 1— Sign-up Today

### **Sign-up procedure for first time users for GNB, Vitalité & Horizon employees:**

1. Send your **workplace computer workstation username only** (not the password) to [office@nbsmlt.nb.ca](mailto:office@nbsmlt.nb.ca) before September 15<sup>th</sup> for this initial year only.

#### **Note:**

- i. The office will reply once your profile is created and ready for annual self-registration ( this may take a few weeks).
- ii. Once created, go to [www.nbsmlt.nb.ca](http://www.nbsmlt.nb.ca), and click on the red icon “renew membership” to test if you can login to the NB Department of Health’s Service Provider Database ( SPD) where self-registration takes place.
- iii. Proceed directly to Step 2 below every October to self-register annually. (You will receive an email every year when it’s time to self-register).

### **Sign-up procedure for first time users for NON-GNB, NON-Horizon or NON-Vitalité employees :**

1. Create a username with Service NB at the following link:  
[www.iam-gia.snb.ca/iam/im/pubsnb/snbcssselfsrv/index.jsp](http://www.iam-gia.snb.ca/iam/im/pubsnb/snbcssselfsrv/index.jsp)
2. Send your new SNB username (not password) to [office@nbsmlt.nb.ca](mailto:office@nbsmlt.nb.ca) for this year only before September 15<sup>th</sup> 2015.

***\*Please specify that this username was created with Service NB\*\****

**Notes:**

- i. The office will reply when your profile is ready to use for annual self-registration (this may take a few weeks).
- ii. Once ready, go to [www.nbsmlt.nb.ca](http://www.nbsmlt.nb.ca), and click on the red icon “renew membership” to test if you can login to the NB Department of Health’s Service Provider Database ( SPD) where self-registration takes place.
- iii. Proceed directly to Step 2 ( below) every October from now on to self-register annually. (You will receive an email every year when it’s time to self-register).

## Step 2 - Oct. 15th

### Annual Self-registration between October 15<sup>th</sup> and December 15<sup>th</sup>.

- 1. Go to [www.nbsmlt.nb.ca](http://www.nbsmlt.nb.ca) homepage, and click on the red icon “Renew membership”
- 2. Login with your GNB, Vitalité, Horizon computer workstation username, or your created SNB username.
- 3. and Self-register by updating your information every year between October 15<sup>th</sup> - December 15<sup>th</sup>.

## Step 3 - Payment

**Individual payment:** Payment can be made in full by Visa or PayPal ( no need for a PayPal account) on [www.nbsmlt.nb.ca](http://www.nbsmlt.nb.ca) homepage by clicking on the blue icon “Pay online”. **\*Please include your name and CSMLS # in the payment instructions\*** Alternatively, a cheque or money order may be mailed before December 15<sup>th</sup> in order to avoid delays with registration.

**By payroll deduction:** If you use payroll deduction at your facility, your payroll department has been contacted about online registration. They send us a list with payment, and do not require your paper forms. They are partnered with NBSMLT to ensure fast payment on your behalf.

<b>New 2016 Fees</b>		
<b>for active, certified registrants</b>		
<b>CSMLS 154\$ +13\$ PLI</b>	<b>=</b>	<b>\$167</b>
<b>NBSMLT</b>	<b>=</b>	<b>\$175</b>
<b>Total due to NBSMLT</b>	<b>=</b>	<b>\$342</b>

Have more questions? See the next page for FAQs.

## Frequently asked questions about online registration renewal:

**Q:** Why are we changing methods?

**A:** Since 2014, in order to maintain the low cost of annual registration, the NBSMLT has been encouraging all registrants to sign up for online renewals via the Service New Brunswick Database linked to the NBSMLT website. This will reduce operational costs in attempt to maintain low registration fees, as well as streamline the process for all regulated professions in NB. As we are still in pilot phase, the NBSMLT administrative team appreciates the patience of all registrants as they may have to smooth out some kinks along the way.

**Q:** I have a username and password for the Member's section of the website. Do I use the same one?

**A:** No, the member's section of the website is proprietary to NBSMLT information only. The online

registration is done through the Service NB database, and a link to their database is provided to you via the NBSMLT homepage.

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**Q:** If I don't receive my form in hard copy, how will I know when online registration is due?

**A:** You will get an email alert with the link, every year in the fall when renewals are set to begin.

It is then that you will log in with your established username and fill out the online form.

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**Q:** Will I have to send my username every year?

**A:** Only the first year. Keep note of you log in information. Every year following, all you will need to do is click on "renew my membership" on the NBSMLT website.

**Q:** I am retired, do I still need to renew online annually?

**A:** Yes. Though retired registrants do not pay registration fees, they must still maintain their membership online if they chose to remain with the NBSMLT. If you chose to no longer register, you must advise the office at [office@nbsmlt.nb.ca](mailto:office@nbsmlt.nb.ca)

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**Q:** I am a MLA/Student/Temporary license holder. Do I follow this procedure as well?

**A:** No. Since you hold a special license the office processes special licenses manually.

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**Q:** I am on maternity/disability/unemployed and hold an inactive license. Do I need to follow this procedure as well?

**A:** Yes, the process is the same only your fee will be different than the active license.

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